

2023 LGBTQ+ GENDER AFFIRMING MEDICAL RESOURCES IN PHOENIX ARIZONA

By Dillon Mathew-Gilmore

Primary and Gender Affirming Hormone Providers

ORGANIZATION NAME	CONTACT NUMBER	AREA	RELEVANT INFORMATION – SERVICES OFFERED, INSURANCE ACCEPTED, ETC
Fit Healthcare	602-279-5049	Phoenix, 85013	Primary care, STI testing, GAHT
Your Health and Wellness	602-625-7944	Phoenix, 85013	Primary care, GAHT, HIV, PrEP/PEP, Doxy PEP Mpox Vaccine, Hep C Treatment, Hep A and B Vaccines, STI Testing
Randy Gelow – Banner Health	602-439-6000	Phoenix, 85032	Primary care, GAHT, HIV – most insurances accepted
Andrea Darby Stewart, MD – Honor Health	480-534-4515	Scottsdale, 85251	Family medicine, GAHT – most insurance plans accepted
Identity Hormones	602-354-3925	Phoenix, 85012	GAHT, HIV and PrEP. Accepts Cigna, United Healthcare, UMR, BCBS, and HealthSouth. No AHCCCS plans accepted
Valleywise McDowell	602-344-6550	Phoenix, 85004	Primary care, GAHT, HIV/AIDs, PrEP,
Southwest Center	602-307-5330	Phoenix, 85004	Primary care, GAHT, free STI/HIV testing, PrEP, PEP, Behavioral Health, Case Management, Family Planning, Nutrition Services, Gender Affirming Navigation, and free condoms through the Nice Package program. Accepts most insurances.
Spectrum Medical	602-604-9500	Phoenix, 85012	Primary care, HIV testing and care, STI testing, at-home testing kits, hepatitis treatment, PrEP/PEP, and GAHT. Accepts most insurances

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M Ann Andrews, FNP-C, One Medical	602-218-4075	Phoenix, 85016	LGBTQ+ Health, GAHT, HIV management, PrEP/PEP, STI screening and treatment
Erica D Wadas, MD, Foothills Direct Primary Care	480-447-9184	Phoenix, 85044	Primary care focused on gender affirming care, prevention, chronic disease care, weight-inclusive care, no insurance accepted, ages 18+, \$125 a month which includes unlimited medical visits in person or telehealth, labs up to \$100 a year, initial enrollment adds a \$100 fee
Dr. Julie Kieffer, Be Well Family Clinic	480-410-4128	Tempe, 85282	Family nurse practitioner, primary care, HIV treatment, PrEP, STI Treatment and Testing, GAHT, TB Treatment (DOT), accepts Oscar insurance
Dr. Melanie Cloonan-Schulte	480-821-0788	Chandler, 85224	Pap Smears/Gynecology, GAHT, weight loss counseling, exams, onsite labs

Virtual Healthcare Providers, Gender Affirming Hormone Therapy

ORGANIZATION NAME	WEBSITE	RELEVANT INFORMATION – PRICE, ETC
Folx Health	https://www.folxhealth.com/	Offers primary care, mental health, fertility and family building, sexual healthcare, preventive healthcare, and GAHT. Membership is \$39.99 a month plus additional fees for each service. Accepts Cigna, BCBS of California and Texas, Evernorth, and Optum. They also offer helpful articles on a range of topics and an annual GAHT fund.
Plume	https://getplume.co/	Offers GAHT and letter writing services. Membership fees are \$40 with accepted insurance, \$99 without insurance, not including the cost of medication. Accepts Aetna and Cigna for Arizona residents.

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True U Medical	https://trueuclinic.com/arizona/	Offers GAHT, STI testing, and PrEP services. Initial hormone appointment is \$249 and follow up appointments are \$179. Labs can be covered by insurance or covered through True U for \$99. All services eligible for HSA or FSA. Does not accept insurance.
Trans Clinique	https://transclinique.com/	Trans owned and operated, offering a weekly virtual support group, letter of support for surgery, name or gender marker changes, PrEP and ED prescriptions, trans life coaching, and home fitness plans under monthly memberships for GAHT. HRT Basic costs \$69.99 a month and HRT full costs \$99.99.
Spectrum: The Other Clinic	https://www.otherclinic.org/	Queer run offers GAHT for an initial appointment fee of \$100 and monthly fees of \$38 a month after the initial appointment. Labs and medication are not included in the fees and insurance is not accepted. Offers supplements through full script.
Queer Doc – Not Currently Available in Arizona	https://queerdoc.com/	Offers GAHT, sexual healthcare, and legal and medical navigation services consulting in Hawai'i, Alaska, California, Florida, Idaho, Montana, Utah, Washington, and Wyoming. Does not accept insurance, offers sliding fee scales ranging from \$100 - \$425 depending on services. Offers GAHT for youth. Website offers additional resources on a variety of topics.
Queer Med – Not Currently Available in Arizona	https://queermed.com/	Offers services in 25 states throughout the country. Accepts some insurances and offers a membership plan or self-pay option. Membership is \$79 a month, self-pay ranges from \$149-\$299 a month.